



# **International Adult Figure Skating Competition**

**Mount Vernon Recreation Center  
Alexandria, Virginia**

**October 7-11, 2025**

**International Adult Figure Skating Competitions  
For  
Men, Women, Pairs, Ice Dance and  
Synchronized Skating\***

**Competitions under the Authorization and Support of the  
INTERNATIONAL SKATING UNION**



**NOTE:**

This Announcement applies to the ISU supported International Adult Figure Skating Competitions:

- Alexandria, Virginia, United States October 7<sup>th</sup>-11<sup>th</sup>, 2025, and
- Oberstdorf, Germany May 16<sup>th</sup>-22<sup>nd</sup>, 2026.

The Local Organizing Committees for each of these competitions reserve the right to cancel on short notice this ISU supported International Adult Figure Skating Competition due to any pandemic situation, the decisions of the national and/or local Health Authorities, and various international travel/quarantine restrictions.

\* The Local Organizing Committee reserves the right to cancel the Synchronized Skating portion of the competition if sufficient entries are not received. Notification will be made by September 5, 2025.

## **International Adult Figure Skating Competition Alexandria, VA USA 2025**

**Hosted by  
*U.S. Figure Skating and Washington Figure Skating Club***

**Events will be held at the  
Mount Vernon Recreation Center  
2017 Belle View Blvd.  
Alexandria, Virginia, USA**

### **1. General Information**

The International Adult Figure Skating Competitions for the 2025-2026 Season will be conducted in accordance with the ISU Constitution and General Regulations, the ISU Special Regulations & Technical Rules Single & Pairs Skating and Ice Dance, the Special Regulations & Technical Rules Synchronized Skating, all pertinent ISU Communications, and this Announcement.

If there is a conflict between pertinent ISU Regulations or Communications and provisions set forth in this Announcement, **the provisions set forth in this Announcement shall prevail, provided there are no special comments made for Adult Skating Competitions within such ISU Communications.**

The International Adult Figure Skating Competitions are considered "International Masters/Adult Competitions" as per Rule 107(12) of the ISU General Regulations. Participation in this International Adult Figure Skating Competition is open to all skaters who belong to an ISU Member, and qualify regarding eligibility, according to Rule 102, provided their ages fall within the limits specified in this Announcement and they meet the participation requirements.

A competitor must be an individual member of an ISU Member, or a member of a club that is itself a member of an ISU Member. Competitors do not require any clearance certificate or any other permission from their ISU Member to enter the competition. Competitors must enter themselves. A competitor may enter as a member of only one ISU Member. In the case of Pair Skating and Ice Dance, both competitors in a team must enter as members of the same ISU Member.

**Membership Details:** All participants must also submit a copy of their photo ID together with confirmation of their membership of an ISU member federation (or a club which is a member of an ISU member federation). This form will be sent to all registered skaters prior to the competition.

**Liability:** In accordance with Rule 119, it is the sole obligation of each participant, as defined in Rule 107, to provide medical and accident insurance. Such insurance must ensure full medical assistance and the return of the ill or injured person to their home country by air transport or by other expeditious means.

The Local Organizing Committees will provide medical services for all competitors and officials during practice and competition.

The Local Organizing Committees for each of these competitions reserve the right to cancel on short notice this ISU supported International Adult Figure Skating Competition due to any pandemic situation, the decisions of the national and/or local Health Authorities, and various international travel/quarantine restrictions.

The International Adult Figure Skating Competitions for the 2025-2026 Season will include the following categories:

- Women and Men Free Skating
- Women and Men Artistic Free Skating
- Pair Free Skating
- Pair Artistic Free Skating
- Ice Dance – Pattern Dance
- Ice Dance – Rhythm Dance
- Ice Dance – Free Dance
- Synchronized Skating

The North American competition will also include:

- Solo Ice Dance – Pattern Dance
- Solo Ice Dance – Rhythm Dance
- Solo Ice Dance – Free Dance

## 2. Entries

Participation in the Free Skating, Pair Free Skating, Artistic Free Skating, Pair Artistic Free Skating and Ice Dance disciplines at the International Adult Figure Skating Competitions is open only to competitors who have reached at least the age of twenty-eight (28) before 1<sup>st</sup> July 2025.

Age categories for Women and Men Free Skating events:

Class I	participants born between	1 <sup>st</sup> July 1987 and 30 <sup>th</sup> June 1997
Class II	participants born between	1 <sup>st</sup> July 1977 and 30 <sup>th</sup> June 1987

Class III	participants born between	1 <sup>st</sup> July 1967 and 30 <sup>th</sup> June 1977
Class IV	participants born between	1 <sup>st</sup> July 1957 and 30 <sup>th</sup> June 1967
Class V	participants born on or before	30 <sup>th</sup> June 1957

**The closing date for entries is:**

**Sunday, August 31 at 11:59 pm Eastern Daylight Time (EDT)**

In the event the competition reaches capacity, the Local Organizing Committee reserves the right to stop accepting further entries even before the closing date for entries. Entry forms will be accepted on a first come, first served basis. A waitlist may be available.

#### **Non-U.S.A. Competitors**

- Please use your Federation ID number if you have one or any 6-10 digit number in the field for USFS Number. We recommend using your date of birth (month, day, year; for example, this could be 010962).
- Please select the country you represent in the "Club" drop down.
- Make sure to give a phonetic pronunciation of your name in your profile to assist our announcers.
- The software will only accept **U.S.A. and Canadian** address formats. We recommend all athletes from other countries to use the facility address. Copy and paste this address below:
  - 2017 Belle View Blvd, Alexandria, VA 22307

#### **U.S.A. Competitors**

- Please select "United States of America" in the "Club" drop down.

#### **Pairs and Couples Dance Competitors**

- Each skater must register and pay ½ of the entry fee. Make sure that you know what "USFS" number your partner is using so that the software matches you up correctly! As long as you are matched correctly, only one person will need to upload PPC and Music.

Entry Form for Singles/Dance/Pairs:

<http://comp.entryeeze.com/Home.aspx?cid=483>

**The entry fees are as follows:**

<b>First Single event</b>	<b>\$210 US per skater</b>
<b>Second Single event</b>	<b>\$110 US per skater</b>
<b>First Pair event</b>	<b>\$210 US per couple</b>
<b>Second Pair event</b>	<b>\$110 US per couple</b>
<b>First Partnered Dance event</b>	<b>\$210 US per couple</b>
<b>Second Partnered Dance event</b>	<b>\$110 US per couple</b>
<b>Third Partnered Dance event</b>	<b>\$110 US per couple</b>
<b>First Solo Dance event</b>	<b>\$210 US per skater</b>

<b>Second Solo Dance event</b>	<b>\$110 US per skater</b>
<b>Third Solo Dance event</b>	<b>\$110 US per skater</b>
<b>Synchronized Teams</b>	<b>\$350 US per team + \$30 per skater</b>

Please note that the fees for a “First event” apply separately to each category (single/pair/dance). For example, a competitor entering two single events and two dance events must pay the entry fees for First and Second single events and First and Second dance events.

Payment for practice ice, training packages, seminars and the closing celebration is to be made separately via Entryeeze. All participants will be provided with sign-up information when available.

### 3. Important Information

In the event the competition is oversubscribed, the Local Organizing Committee reserves the right to stop accepting further entries even before the entry closing date. Entry will be on a first come, first served basis.

#### GENERAL INFORMATION FOR ALL COMPETITORS

- It is recommended that you go to the ISU website site and review the technical handbooks re: regulations on free skating, pair skating and ice dance. [ISU Technical Singles/Pairs Handbooks](#), [ISU Ice Dance Handbooks](#), and [ISU Synchronized Skating Handbooks](#).
- It is recommended that competitors will enter at a level appropriate to their current skating ability.
- The LOC may decide that competitors will be limited to a maximum number of different events, if registration for the competition is reaching capacity.
- Entries may be reviewed prior to announcement of the schedule to ensure the integrity of the competition.
- Competitors are not obliged to enter the same level as in previous years.
- The Masters Elite category is intended for those skaters who competed previously at the junior or senior level in national or international competition but is not mandatory for such skaters.
- The LOC will decide how to conduct the medal ceremonies at the end of each day's competition. E.g. only the top 3 competitors or if all competitors will be invited onto the ice for the victory ceremony.

#### Competition Day:

- Always arrive ahead of your scheduled competition event – it is recommended that you are at the rink an hour early and are prepared to go on the ice as the schedule may change.
- Check in with the ice monitor/rink captain to see if the competition is running on time. This is also a good time to double check where you skate within the warm-up group.
- Skaters “call to the ice” does not have to follow the start order.
- Skaters have 30 seconds from the time their name is called to take their starting position.
- When the music starts and you believe it is not your music or the correct version of your music, do not start your program. Go to the referee immediately and follow his/her instructions. Do not leave the ice unless instructed to do so.
- The Program and time clock will start with the first movement by the skater/pair or 5 seconds after

the start of their music.

**Music:**

- Details on Music submission will be provided by the Local Organizing Committee for each event (see below).  
However, please ensure that the filename includes the surname of the skater and the event and the exact running time (not skating time). All skaters are required to bring a back-up copy of their music and have it at the boards.
- A Music Form must be submitted by all participants except in the case where ISU music will be used for pattern dance. This form will be sent to all registered skaters prior to the competition.
- Any program violating the time limit set out in this Announcement will receive a deduction of 1.0 for every 5 seconds or part thereof lacking or more than the permitted time.
- Always have back up music ready at the side of the ice so it is immediately accessible.
- Competitors will be required to submit a Planned Program Content Form for men and women free skating, pair free skating, rhythm dance, free dance, and synchronized skating. This form will be available to all registered skaters prior to the competition.

**Costumes:**

- Based on ISU Rule 501(1), competitors should note the following regarding appropriate clothing. Clothing and any make-up of the competitors must be modest, dignified, and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. The clothing must not give the effect of excessive nudity inappropriate for the discipline. Men must wear full-length trousers. Accessories and props are not permitted. Clothing that does not adhere to these guidelines will be penalized by a deduction. The deduction for inappropriate clothing, make-up, props, and accessories (1.0) will be determined by a majority of the judges and the referee.

**ADDITIONAL INFORMATION FOR SINGLE SKATERS**

- Competitions in Free Skating and Artistic Free Skating will be held at Bronze, Silver, Gold, Masters and Masters Elite levels.
- An entry in an artistic category may be at the same level or one level higher (not lower) than the entry in an event of any other category. For example, a skater may enter the Silver Free Skating event and then the Gold Artistic Free Skating event.
- Ice dancers or pair skaters who want to enter the artistic free skating category should enter at a level appropriate to their skating skills. For example, those competing at the Silver Pattern Dance level could enter the Silver or the Gold Artistic Free Skating event.
- Each category will be capped at a maximum of 32 skaters.
- When fewer than 3 skaters register for a singles Free Skating or Artistic Free Skating segment, age categories may be combined wherever possible to ensure competition.

**ADDITIONAL INFORMATION FOR PAIR SKATERS**

- Competitions in Pair Free Skating and Pair Artistic Free Skating will be held at Adult, Intermediate, Masters and Masters Elite levels.
- Each pair team must consist of one man and one woman.
- Each skater may compete with only one and the same partner in the Pair Skating Competitions.
- An entry in Pair Artistic Free Skating may be at one level higher (not lower) than an entry in Pair Free Skating.

- Coaches and their students are welcome to compete in all events, however, this competition does not have a PRO-AM category.
- If a pair team is formed of skaters having different skill levels, it is expected that they will enter at the level of the more skilled skater. Further guidance in this respect can be obtained by contacting the ISU Adult Figure Skating Group (contact information at end of document).

#### ADDITIONAL INFORMATION FOR ICE DANCERS

- Competitions in Solo and Couples Pattern Dance and Free Dance may be offered at Bronze, Silver, Gold, Masters and Masters Elite levels.
- Competitions in Solo Rhythm Dance may be offered at Masters and Masters Elite levels, while the Couples Rhythm Dance may be offered at Silver, Gold, Masters, and Masters Elite levels.
- An entry in Pattern Dance may be at one level higher (not lower) than an entry in the other Dance events. Rhythm Dance and Free Dance entries must be at the same level.
- In Couples Dance each dance team must consist of one man and one woman. The man must skate the man's steps and the woman must skate the woman's steps (unless otherwise indicated – as per the season's Rhythm Dance).
- Each skater may compete with only one and the same partner in the Couples Dance Competitions.
- Coaches and their students are welcome to compete in all events. However, this competition does not have a PRO-AM category.
- If a Couples Dance team is formed of skaters having different skill levels, it is expected that they will enter at the level of the more skilled skater. Further guidance in this respect can be obtained by contacting the ISU Adult Figure Skating Group (contact information at end of document).

## 4. Refund Policy

Entry fees will only be refunded if no competition exists, or the event is canceled. There will be no refunds for any withdrawals, including those with medical reasons. The online processing fees are not refundable.

The Local Organizing Committee reserves the right to divide an event, limit the number of entries, hold an event with only one entry and cancel an event (with refund) with only one entry.

## 5. Music



Competitors are required to upload their music and copyright information through Entryeeze no later than **September 10, 2025 at 11:59 pm EDT**.

After registering in Entryeeze.com, the system will prompt skaters to upload their music for each event that requires music. If the music is not available at that time, skaters can return to their online account later to upload the music.

### **Music File Name & Requirements**

Please name the music file with the competitor's name and event + level. For example:  
"Gold Women I - Jane Smith.mp3"

Music file requirements:

- File Format: Must be .mp3 or .m4a file formats. Any other format, such as .wav file, will not be accepted by the online system.
- Bit rate: 192 kbps or higher (this will be checked by the Music Coordinator and they may request that skaters upload a corrected file).
- Sample rate: 44,100 kHz (this will be checked by the Music Coordinator and they may request that skaters upload a corrected file).
- Maximum file size of 10 MB.
- No ID3 Metadata tags.
- Maximum 2 seconds leader silence, preferably no leader at all.

### **Music Copyright**

The copyright information of the music to be used in each program must all be provided, in detail, to the local organizing committee.

The Music Form can be downloaded from our website:

[www.washingtonfsc.org/isu-adult-skating-competition-2/](http://www.washingtonfsc.org/isu-adult-skating-competition-2/)

The completed Music Form must be emailed to [WashingtonISUForms@gmail.com](mailto:WashingtonISUForms@gmail.com).

If the skater's program music is created using multiple pieces of music, then they must enter the copyright information for each piece used in each file.

The required music copyright information to enter into Entryeeze include:

- Name / title of music
- Artist / composers
- Orchestras / arrangement
- Record label
- Duration (minute & seconds)

The deadline for completion is **September 10, 2025 at 11:59 pm EDT**. After this date, skaters will be subject to a \$25 US late fee, which will be added to each skater's account. Late fees must be paid prior to receiving the skater credential onsite.

### **Backup Music**

Skaters must have available a backup copy of their competition music on a mobile phone and it must be immediately available rink side whenever they compete. If the phone does not have the standard round

headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter, is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

### **Late Fee**

The deadline for the submission of music is **September 10, 2025 at 11:59pm EDT**. After this date, skaters will be subject to a \$25 US late fee, which will be added to each skater's account. Late fees must be paid prior to receiving the skater credential onsite.

## 6. Declaration Form

All participants must complete a Declaration Form, which can be downloaded from our website:

[www.washingtonfsc.org/isu-adult-skating-competition-2/](http://www.washingtonfsc.org/isu-adult-skating-competition-2/)

The signed Declaration must be emailed to [WashingtonISUForms@gmail.com](mailto:WashingtonISUForms@gmail.com). The deadline to submit the form is **September 10, 2025 at 11:59 pm EDT**. Skaters will not be able to get their credentials when they check in unless a signed Declaration Form has been received by the Local Organizing Committee.

## 7. Planned Program Content (PPC)

The PPC information must be submitted through Entryeeze by all participants in men and women free skating, pair free skating, rhythm dance, and free dance. Skaters can always access the online PPC form by clicking on "Competition" and "Planned Program Content" from the menu at the top of the screen.

In the PPC form in Entryeeze, there will be a row for each planned element. For example, in free skating events, the element categories are organized by Jumps, Spins, and Step and Spiral Sequences. Enter the planned elements for each program in sequential order. Always remember to save your work often by clicking the blue "Save my work" button.

The deadline for completion is **September 10, 2025 at 11:59 pm EDT**. After this date, skaters will be subject to a \$25 US late fee, which will be added to each skater's account. Late fees must be paid prior to receiving the skater credential onsite.

If skaters need to make changes to their PPC information later, they can submit them via email. The change form to the PPC can be downloaded from our website: [www.washingtonfsc.org/isu-adult-skating-competition-2/](http://www.washingtonfsc.org/isu-adult-skating-competition-2/)

The updated PPC Form should be emailed to [WashingtonISUForms@gmail.com](mailto:WashingtonISUForms@gmail.com).

## 8. Practice Ice

Practice ice will be organized by the Local Organizing Committee and available through Entryeeze.

Pre-purchase credits can be purchased until the close of entries on August 31, 2025, and will cost \$20 US per session. Athletes who pre-purchased practice ice credits will be able to go online after the schedule is released to choose their practice ice sessions.

Additional practice ice will be available for sale through Entryeeze online during Open Sales after those who pre-registered for their sessions have chosen them. Open Sales will be extended through the duration of the competition at a rate of \$25 US per session if space is available. There will be a limited number of skaters per practice ice.

Practice ice for Synchronized Skating will be available at a price of \$300 per session in advance and \$350 during the competition.

## 9. Seminars

The Local Organizing Committee will be offering a variety of seminars at the competition, beginning on Tuesday, October 7, 2025. Further information regarding the seminar topics, schedule, prices, training packages, and registration information will be communicated at a later date.

## 10. Welcome Reception and Closing Celebration

A Welcome Reception for all competitors will be held on Tuesday, October 7, 2025. The time and location are to be announced. There is no charge for this reception. Further information regarding the schedule and program for the Welcome Reception will be communicated at a later date.

A Closing Celebration will be held on Saturday, October 11, 2025. The time and location are to be announced. Further information regarding the schedule, program and ticket prices for the Closing Celebration will be communicated at a later date.

## 11. Liability

The Organizer (including but not limited to U.S. Figure Skating, the Washington Figure Skating Club and the Mount Vernon Recreation Center) accept no responsibility for or liability with respect to bodily or personal injury or property damage sustained by any participant in this competition. All entrants and officials agree to assume all risks of injury or illness to their person and property resulting from, caused by or connected with the conduct and management of the competition, and to waive and release any and all claims that they may have against any officials, U.S. Figure Skating, the Washington Figure Skating Club and its officers, or Mount. Vernon Recreation Center and its staff.

## 12. Arena Information

The competition will take place at the Mount Vernon Recreation Center in Alexandria, Virginia, U.S.A. This venue has two rink surfaces with rounded corners and hockey barriers. All competition events will be held on the Red Ice Rink. The practice ice may be on either the Red Ice Rink or the Blue Ice Rink. Both ice surfaces are NHL size – 200 feet by 85 feet (61 meters by 26 meters). The temperature can be cold.

**Arena Name:** Mount Vernon Recreation Center  
**Address:** 2017 Belle View Blvd, Alexandria, VA 22307, U.S.A.  
**Phone:** +1 703-768-3224  
**Website:** <https://www.fairfaxcounty.gov/parks/recenter/mount-vernon/ice-arena>

## 13. Locker Rooms and Changing Areas

Locker rooms will be available as dressing/changing rooms at this competition. The locker room entrances will be labeled for: Women, Men, Mixed Gender.

In addition, there are open spaces to put skates on as well as private changing rooms, subject to availability.

## 14. Onsite Check-in

Check-in for skaters, coaches, and officials will open Tuesday, October 7, 2025 approximately one hour prior to the seminars and practice ice. On subsequent days, check in will open about 30 minutes before the first event of the day. The registration desk will be located near the arena's lower-level entrance.

## 15. Photography / Videography

Video by Looking Glass Productions is included in the competition registration fee. Information for downloading the video will be sent out after the competition. Information on live streaming, if any, will be provided later.

Action photos by Melanie Heaney Photography are provided for an additional fee. Skaters will receive an email about pre-orders before the competition.

Spectators are reminded that flash photography is dangerous to skaters and is strictly prohibited. Personal video cameras are permitted but may only be used to film your skater's performance and for personal use only. Only battery-powered video units are allowed; electrical cords, tripods (or similar devices) are not permitted in the arena.

## 16. Schedule, Updates, and Sportity App

Seminars and practice ice sessions will start on Tuesday (October 7, 2025), and competition events will be held on Wednesday (October 8, 2025) through Saturday (October 11, 2025). Competitors may be scheduled for any day or time of the announced dates.

The competition and practice ice schedule will be available after the close of entries. All participants will be notified once available.

Skating orders and results will be available online only.

<https://ijs.usfigureskating.org/leaderboard/results/2025/123450/index.asp>

During the competition, skaters should check regularly for schedule and timing updates. There will be a white board at registration that will have up-to-date information about the schedule.

Skaters should check in with the ice monitor for their event between 30 and 60 minutes prior to the scheduled start time of their event. Events may start either **earlier** or **later** than originally scheduled.

All announcements and updates during the competition will also be posted to the Sportity app which can be downloaded from the usual app store. The password will be made available at the competition.

## 17. Contact Information

Competition website:

[www.washingtonfsc.org/competitions](http://www.washingtonfsc.org/competitions)

Direct all event enquiries to: WashAdultInternational@gmail.com

Please address all enquiries relating to the competition rules and program content to the ISU Adult Figure Skating Group Members:

### **GENERAL ENQUIRIES AND FREE SKATE, PAIRS FREE SKATE AND ARTISTIC FREE SKATE**

John Fisher, Chair, ISU Adult Figure Skating Group  
[johnwilliam.fisher@gmail.com](mailto:johnwilliam.fisher@gmail.com)

### **FREE SKATE, PAIRS FREE SKATE AND ARTISTIC FREE SKATE**

Beth Delano, Member, ISU Figure Skating Group  
[delskater@gmail.com](mailto:delskater@gmail.com)

### **ICE DANCE**

Jan Calnan, Member, ISU Adult Figure Skating Group  
[jan@calnan.ca](mailto:jan@calnan.ca)

### **SYNCHRONIZED SKATING**

Ville Penttinen, SYS Member, ISU Adult Figure Skating Group  
[ville@teampplace.eu](mailto:ville@teampplace.eu)

## 18. Traveling to Washington DC

The ice arena is located in Alexandria, Virginia, U.S.A, which is a close suburb of Washington, DC.

The attractions in Washington DC and northern Virginia are accessible by car, bus, rail, taxi or rideshare. Some tourism information of the local area is available at the websites below:

- <https://washington.org>
- <https://www.fxva.com>
- <https://visitalexdria.com>

## **Air and Ground Transportation**

When booking flights, please note that there are 3 airports that service the Washington DC region.

- Ronald Reagan Washington National Airport (DCA) is the closest to the Mount Vernon Recreation Center. It is located approximately 6 miles (10 km) from the arena.
- Washington Dulles International Airport (IAD) is further away, approximately 30 miles (50 km). This airport has the most international flights available, and may be the best option for many travelers.
- Baltimore/Washington International Airport (BWI) is the furthest away, approximately 40 miles (65 km). Please note that there would be higher ground transportation cost compared to the other airports.

Skaters and coaches are responsible for their own transportation. There are usually plenty of rental cars available from a variety of car rental companies at the airport locations. There are also taxi, rideshare, and shuttle services available.

The nearest Metro rail station to the arena is the Huntington Metro Station on the Yellow Line, located about 2 miles (3.5 km) away. The Metro rail system connects Alexandria to the major attractions in Washington DC.

## **Lodging**

Most accommodations in Alexandria, Virginia are a short distance from the arena, but will likely require driving or taxi/rideshare services.

Skaters and coaches should book rooms on their own. Washington Figure Skating Club is proud to partner with HBC Event Services to offer non-local skaters and coaches discounted rates on some nearby hotels.

## **Hotel Reservation Link:**

<https://booking.roomvy.com/events/7c38953d-ce6e-4a29-a413-23bade8bee1a>

Please call HBC Event Services at +1 505-346-0522 and/or [support@hbceventservices.com](mailto:support@hbceventservices.com) if you have any questions and/or have any special hotel requests.